**My Day. Time Audit.**

Typically I spend … hours a day on **School Related Activities** such as **classes and labs, studying, clubs and organizations.**

Classes and labs take me ... hours a day.

I do my hometasks and assignments ... hours a day.

I’m involed in ... . It takes me ... .

I am not engaged in any clubs or organizations.

I work.\I don’t work.

I spend … hours a day on **Health Related Activities** like **eating, bathing, exercise, etc.**

I sleep … hours a day on average.

Travelling takes me … hours a day.

I spend … hours on **Social and Recreational Activities.**